



REVIVŌ
WELLNESS RESORTS

TRI, BAR LOUNGE
SNACK MENU

12pm - 11pm



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APPETIZERS

Croquette 80

BETTER SLEEP PRENATAL  


Purple sweet potato, millet, lentils and Java almonds roasted bites, with kefir, galangal, lime, lemongrass & cumin seeds dressing, wrapped on a steamed cabbage leaf.

 Sweet potatoes are rich in antioxidants, the more intense the color is, the more antioxidants it contains. Choose colourful sweet potatoes for consumption, especially the purple and red ones.

Limbic Trio 100

SLIMMING DIGESTION PRENATAL BRAIN
ANTI-AGEING HEART 

A trio of symbiotic patés served with seasonal raw veggies, Crunchy Indonesian and homemade flaxseed crackers.

 Symbiotic nutrition is a new way to look at food. It is the combination of good bacteria and the food to feed these good bacteria; it is the combination between probiotics and prebiotics. Our wellbeing is based on the health of our gut. By having a happy community of microorganisms, all the functions in the gut - like the creation of serotonin and the neurotransmitter responsible for happiness - will reach their full potential.

*Prices are in thousands Rupiahs.
Subject to 10% service charge & 11% Government tax.

SHARING PLATES

Mezze Platter 150

BRAIN HEART PRENATAL  

Crudités with hummus, symbiotic patés, tzatziki, crunchy Nam and Flax seed crackers.

Cheese Platter 230

BRAIN SOUL 

Three varieties of organic free range Balinese Goat cheese and homemade cucumber pickles.

Funlafel plate 200

BRAIN HEART MUSCLE SOUL  


Our Balinese version of the falafel with greens, pine nuts, sprouted chickpea & beetroot hummus, baba ganoush, tzatziki and pita bread.

 Hummus made from sprouted chickpeas is considered very high in tryptophans which will help you to sleep better.

TOASTS

Choose your bread

Multi seeds banana flour bread 

White banana flour bread 

German bread (barley sunflower bread)

Goat Cheese Tartine 180

MUSCLE SOUL ANTI-AGEING BETTER SLEEP

Organic Goat Cheese served with tomatoes and oregano.

Cured Ham Tartine 215

HEART MUSCLE SOUL

Organic cured Ham from Bali served with crunchy celery sticks.

 VEGAN  DAIRY FREE
 VEGETARIAN  CONTAINS NUTS
 GLUTEN FREE  TIPS