

# CLEANSE & DETOX DAY PACKAGE

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*Cleanse your body, Boost your energy*

The Cleanse and Detox Day Package was created to kick start detoxification of both body and mind.

We bring together delicious nourishing food & drinks alongside movement classes and Spa to help you find balance. You will be sure to return home feeling intensely relaxed, and renewed.





## ONE-DAY CLEANSE & DETOX PROGRAM

10:00 am	Arrival at REVIVŌ Wellness Resort
10:30 am	Cold Pressed Juice
11:00 am	Movement Class
12:00 pm	Refreshing Kombucha
12:30 pm	NŪTRIŌ Detox Lunch
14:00 pm	One 60-min Herbal Pouch Massage
15:00 pm	Meditation or Yoga Class
16:00 pm	Cold Pressed Juice

Enjoy unlimited access to Hydro Pools & Facilities:

- Jacuzzi
- Infrared Sauna
- Steam Room
- Cold & Hot Plunges
- Access to our Main Pool, Spa Pool & Resting Area

*\*Contact us for more information*

## PRICES

USD 180	One Person Cleanse & Detox
USD 280	Two Person Cleanse & Detox

*Prices are include to 10% Government Tax and 1% Service Charge*

# FLOAT & FLOW YOGA DAY PACKAGE

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*Stimulate the awareness of your mind and body  
with our Float and Flow Yoga day package*





Floating, whether through Aqua or Aerial Yoga, is an excellent way to gain introspection and achieve a natural restorative state through deep meditation.

Simply allowing a moment of peace and tranquility increases energy levels, bodily awareness and mental clarity while simultaneously reducing stress hormones.

These activities allow the body to become weightless and calm the mind, pausing from our busy and over stimulated environment and entering a state of deep mental and physical relaxation.

## EXAMPLE PROGRAM

10:00 AM	Arrival at REVIVŌ Wellness Resort & Welcome Drink Aerial
11:00 AM	Yoga Class (1 hr)
12: 30 PM	Healthy Lunch
16:00 PM	Aqua Yoga Fit Class (1 hr)

Enjoy unlimited access to Hydro Pools & Facilities:

- Jacuzzi
- Infrared Sauna
- Steam Room
- Cold & Hot Plunges
- Access to our Main Pool & Resting Area

\*Contact us for more information

## PRICE

95 USD / Person

*All prices are include to 1% Government Tax and 10% Service Charge  
Small groups of 2 - 4 pax only, subject to availability, booking in advance.*

[www.revivoresorts.com](http://www.revivoresorts.com)  
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